



COOK

Entry Requirements | NQF Level 1 or at least 16 years of age

NQF Level: 4

Duration: 1 year

Nr of credits: 184

Purpose of qualification | Cook and prepared food in various forms using a variety of equipment and techniques

A qualified student | Will be able to cook a variety of foods using different methods and techniques using the correct method and equipment

Structure of qualification

- **KM & PM:** On campus in a classroom setting and in practical simulation rooms (kitchens)
- **WM:** In a real-life work environment gaining experience and recording the experience and evidence in a Workplace Logbook

Assessment

- Continues Assessment: Test, Formative Tasks, Summative Tests & practical assignments – on campus. Results recorded in portfolio of evidence.
- Workplace Logbook: Evaluated to see if all aspects of the workplace experience have been completed, and relevant evidence is supplied.
- Competency in KM, PM and WM gives access to External Integrated Summative Assessment (**EISA**)

Certification

- College statement of results will allow access to the **EISA**
- Once achieving all aspects of course and passing the **EISA** – **QCTO** issues relevant qualification

RELEVANT INDUSTRY ROLES

Restaurant Cook | Deli Cook | Catering Cook | Fast Food Truck Cook | Kitchen Assistant

AREA/INDUSTRIES FOR EMPLOYMENT

Hotels | Restaurants | Catering establishments | Hospital Catering departments | School Hostels | Care Facilities
Coffee Shops | Fast Food Restaurants | Resorts | Estates